



77

**AMAZING,
HELPFUL,
MONEY-SAVING
TIPS FOR
BACKPACKING
SOUTH-EAST ASIA**

INTRODUCTION

Thanks for downloading this free E-book where I'll discuss my top 77 tips for Backpacking South-East Asia.

Traveling through-out this region is truly a life-changing experience, and I'm so glad I can share some of my knowledge to help you plan your travels, save you money, and make the most about the experience.

About Me



**“The World Is a Book,
and those who do not
travel read only a page”
– St. Augustine**

Hey what’s up? The name’s Dave...but call me Jones. I’ve been living, working, and traveling abroad since 2011, and I have a serious case of wanderlust.

I created my travel blog “Jones Around The World” to document my travel adventures, and to share my knowledge with the world. I have spent over 16 months in total traveling around South-East Asia, and it’s been completely life-changing.

I’ve been getting a lot of emails about advice for South-East Asia trip planning, so I decided to write this E-Book going over some of the things I wish I had known before I came out here.

Hope you find this useful, and thanks for downloading!

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#1 Never Travel Without Insurance

This should be a no brainer.

You never know when you could slip, fall, and break a bone. Hospital bills out here can get ridiculously high, so you want to make sure you're covered.

Make sure you know what your insurance covers, and for how much.

Does your insurance cover moto accidents? Trip cancellation? Loss of personal property?

#2 PACK LIGHT ! ! !

I can't emphasize this enough. It cracks me up when I see people carrying their whole wardrobe with them on their back.

You'll end up wearing the same 3-4 outfits everyday, and if you ever need anything – you can buy it for dirt cheap.

If you bring a lot of stuff, I'll guarantee you'll end up throwing out a good amount.

It's so much better to be mobile. You never know when you'll need to run to catch a bus, train, or flight.

#3 Take it SLOW

I've seen way too many backpackers try to rush through all these cities, beaches, and islands way too fast.

What's the fun in that...? You'll spend half your time on transportation.

Take it slow. Get to know each destination. Meet fellow backpackers.

If you only have a few short weeks, don't try to cram it all in because you want to see as much as possible.

#4 Master the Art of Bargaining

I guarantee you will get ripped off at least once or twice on your travels – that's fine.

But you're going to need to know how to bargain when you're traveling out here.

In most places – you can talk them down to a lower price.

Don't be an ass-hole and fight over 50 cents, but definitely learn different techniques and tricks to get better deals.

#5 Utilize Overnight Busses & Trains

For long journeys, it's a really smart move to book the overnight sleeper busses and trains.

You'll save a night of accommodation, and won't waste any precious time for sight-seeing.

Sleeping pills are your friend...

These can also be very COLD. So wear layers.

#6 Eat Street Food

South-East Asia is street food heaven...

In most countries out here, you can get delicious meals for \$1-\$2.

Don't spend money at an expensive restaurant when you can better Fried Rice around the corner.

#7 Walk it Out

You are in a new area of the world, and one of the best ways to experience it is to walk around. explore different neighborhoods, and see how the locals live.

This is one of the best ways to explore a new destination.

#8 Learn a Few Phrases in the Local Language

When traveling through South-East Asia, you'll quickly learn that English is actually quite widely spoken. They might not speak perfect English, but it's enough to help you out.

With that being said, you should know how to say at least, "hello", "goodbye", "please" and "thank you" in each language.

#9 Buy a local SIM Card

If you have an unlocked smart phone, you should definitely buy a local SIM card in each country.

There are really cheap data plans, and sometimes they give away the SIMs for free.

You can find Wi-Fi in most places, but having a back-up data plan can really come in handy. Especially for FB messenger, and What's App

#10 Never Buy Drinks at Restaurants

In America, if you go to a restaurant with your own water bottle or soda, you'll get a death stare from the waiter or waitress.

In South-East Asia, I always try to avoid paying for drinks at restaurants. The people working don't really care, and when they ask what you want to drink, just point to your water bottle, and say I think I'll stick with water.

They always overcharge, and you can easily get the same bottle of water, or Coca-Cola at 7-11 for half the price

#11 Join Facebook Travel Groups

While writing this, I'm currently four different South-East Asia Backpacker groups on Facebook.

I've used these multiples times to find travel buddies, ask advice, and keep up-to-date on news in the area.

These can be a great resource while your backpacking abroad!

#12 Fresh Coconuts for Hangovers

I'm a firm believer in all things coconuts. I love coconut oil, fresh water coconut, and everything flavored coconut.

If you have an intense hangover, go straight for a fresh coconut. As well, have them chop in open so you can eat meat.

It's delicious, healthy, and great for hangovers.

#13 Get Off The Beaten Path At Least Once

Nowadays, it might seem a little hard to get off the classic backpacker trail. You want to see all these places, but they have turned into major tourist destinations.

While that might be true, there definitely are places in South-East Asia that aren't as common as the classic backpacker.

Get off the trail at least once. Explore a destination now many have done before.

#14 Starbucks & McDonalds: Free Wi-Fi & Bathrooms

While I definitely would not advise you to eat or drink at either of these places; you can definitely use these for their FAST Wi-Fi and free bathrooms.

Sometimes you have to order a drink at Starbucks which can be annoying, but look around for an old receipt on a table, and try and find the Wi-Fi code some one isn't using anymore.

#15 Always Use Metered Taxis

Using Metered Taxis in South-East Asia is actually pretty affordable. (Except in Singapore)

But sometimes taxi drivers will want you to pay some absurd price. Just say no, and wait until you find a cab that will use the meter.

You don't want to get ripped off for what should be a much cheaper taxi ride.

#16 Plan Visas In Advance

Do you know which countries you're going to need visas? How much do they cost?

For the most part, backpacking through South-East Asia is really easy, and most countries are Visa-on Arrival.

For U.S Citizens

Thailand: Free for 30 Days

Malaysia: Free for 90 Days

Singapore: Free for 90 Days

Indonesia: Free for 30 Days (Not extendable). \$35. (Extendable)

Laos: \$40 Visa-on-Arrival

Cambodia: \$30 Visa-On Arrival

Vietnam: \$60. Get in advance. VOA option possible online.

Myanmar: Price varies. \$50 if paid online. Cheaper through an agency.

#17 Use Protection

If you're having unprotected sex out here, you're not the smartest person.

Backpackers out in South-East Asia can sometimes develop a “spring break” mentality, and love just hooking up with random strangers.

Be safe. Wrap it up.

#18 Be Aware of Scams

There are tons of scammers out in South-East Asia, so be smart, and don't fall prey into their tricks.

Common ones are the border crossings between Thailand / Cambodia, and false moto damage.

For a good article to read, check out:

[10 Scams to Avoid in South-East Asia](#)

#19 Get An International Driver's License

This only costs around \$25 total, and has come in handy multiple times.

The cops out in South-East Asia can be very corrupt. Often times they'll pull you over just to see if you have a Driver's License, and if you don't they'll try to extort money out of you.

Just get it. You might not need it, but it's better to have it just for peace-of-mind.

#20 Massages

There's better area of the world to get amazing and cheap massages than in South-East Asia.

You can get 1-hour massages for as cheap as \$5 in some places.

These are a great way to relax, and pamper yourself.

Definitely a must after a long travel day, or if you're extremely hung-over.

#21 Air Asia

I'm obsessed with Air Asia. Hands down the best budget airline in the world.

They have some of the cheapest flights, and if you book in advance, you can really save yourself a lot of time and energy.

If you pack light, you'll never have to pay for an extra bag. They aren't really strict. I've snuck on my main backpack, and my smaller daypack, and they never say anything.

Look out for their “promo fares”! They are awesome.

#22 Tissue Paper & Baby Wipes

It's a good idea to always have some tissue paper and some baby wipes with you.

You never know when you'll need them.

I guarantee they will come in handy on several occasions.

#23 There is “Power In Numbers”

If you are trying to organize a snorkeling trip, transportation, or accommodations – understand that if you have a group of people, you hold some power.

You can easily talk a person down to a lower price if there is a big group of people interested in the service provided.

#24 Stay at Hostels

Pretty obvious, right?

If you're backpacking South-East Asia and staying at hotels every night...you're doing something wrong. A huge aspect of traveling is meeting people. Plus, there normally the cheapest option.

Make new friends, explore, drink beer, and share stories.

#25 Learn from other backpackers

Some people might think the best travel resource is the internet, travel blogs, or Lonely Planet guide books.

They're wrong.

Ask fellow backpackers. There are people out here that have been traveling a LONG time. Learn from them. They know so much about South-East Asia, and are full of solid advice and information.

#26 Utilize Hostel Book Exchange Shelves

Don't pay for books. Just don't do it.

So many hostels and guesthouses have fantastic book selections to exchange your books at.

I've seen people traveling around South-East Asia with 3-4 books. Who has space for that?

When you're done with a book. Look for a good place to exchange, and swap it out. Simple as that.

#27 Try the Local Snack Food

When you're traveling around South-East Asia, you'll find yourself buying snacks often.

Before long bus rides, trains, flights...you're going to need something to eat.

While you can easily buy Pringles, Oreos, and other large brand name snack items.

But these are often 2-3x the price of the local snack food.

#28 Pre-Game Like a King

This isn't just a specific tip for drinking and partying in South-East Asia...but a rule of thumb.

No matter where you are at in the world...

Drinks are much more expensive at bars and clubs.

Grab some beers and liquor at the 7-11, play some music, and have a solid pre-game before hitting the nightlife scene.

#29 When in doubt...

Drink a Coca-Cola

Apparently there is something in Coca-Cola that can help kill bad bacteria that cause travel sickness.

I rarely do this because I don't drink soda, but some people swear by it.

#30 Utilize the screen-shot

Most of you reading this will be traveling with a decent smart-phone.

Whenever you book accommodation, flight, bus, etc. – screen shot the confirmation email.

This just comes in handy if you don't have internet, or access to the information you need.

#31 Friend People on Facebook

Yeah, duh.. If you make friends with people, you should definitely friend them on Facebook.

But this is for many reasons.

Following people's travels on Facebook can give you great insight on what you could do later on in your trip.

I've gotten many ideas for future trips from checking out my Facebook feed.

#32 Pub Crawls are always a good time

There's no better way to check out a new city's nightlife than joining a pub crawl.

As a solo traveler, these are so much fun. You're guaranteed to meet some like-minded backpackers, and have a good night out.

Personal favorites: Koh Tao, Siem Reap, Boracay

#33 Booze Cruises FTW

Is there anything better than drinking while on a boat...? No, I don't think so.

Especially when there's great music, a solid group of backpackers, and a beautiful setting.

Personal Favorites: Gili Trawangan, Sihanoukville, Koh Phi Phi

#34 Use Instagram for Travel Ideas

A great aspect of Instagram is that you can search hashtags to get different ideas on what to do in each destination.

Before you go to a new place, search it's hashtag.

For example, search #KohTao . By doing this, you can browse different photos that people have uploaded from the island.

This is a great way to discover different things to do there!

#35 Discounts For a Positive TripAdvisor Review

When it comes to hotels, tours, activities, and just about everything in the travel industry...

...TripAdvisor reigns king.

Nothing can hurt a company more than a ton of negative TripAdvisor reviews.

When you're checking into a new place, or booking a certain tour...ask if you could receive a discount if you promise to write an extremely positive TripAdvisor review.

#36 Download Travel Apps

This should be another no-brainer.

Technology has without a doubt transformed the way we travel. It's made it simpler.

Just Google best travel apps, and look into which ones you think would find most useful.

Personal Favorites: TripAdvisor, XE, Map.me, Mint

#37 Embrace Moto Rides

I know some people who went their entire South-East Asia backpacking trip without ever riding a moto.

Don't let that be you.

I honestly think that learning how to ride a moto is as easy as riding a bike. There definitely are better places to learn, and some places that can be more dangerous.

But renting a moto and exploring a destination on two wheels is one of the best ways to see a place!

Tip: BE CAREFUL. DRIVE SLOW. FOLLOW THE RULES. Don't be another South-East Asia statistic.

#38 Don't buy TOO MANY souvenirs

The best souvenirs in my opinion are clothes, photographs and memories.

If you buy every tiny elephant and keychain you like, than your bag is going to be overly full with stuff you don't really need.

Try to save all your souvenir shopping towards the last week or two of your travels.

(With that being said, if you REALLY like something. Than buy it!)

#39 Book in Advance for Important Dates

Going to a full-moon party? *Book In Advance.*

Chiang Mai for Songkran? *Book in Advance.*

Chinese New Year everywhere? *Book in Advance.*

There's tons of amazing festivals, parties, and celebrations out in South-East Asia. Plan ahead, and book in advance.

#40 Create a Budget...

Stick to it

It's important to have a budget when you're backpacking South-East Asia. As well, I'd recommend downloading an App that tracks where / what you're spending your money on.

By doing this, you can get a better understanding on what you could do to cut down your expenses, and extend your travels. Maybe you need to stop eating out at restaurants, or order a few less drinks at the bar.

The key is simply having a budget in mind, and doing your best to staying on track. It can be easy to get side-tracked and splurge every once awhile. Just try to keep that in mind, and plan accordingly.

#41 7-11 Ham & Cheese Toasties in Thailand

If you backpacked through Thailand, and never got one of the toasties from 7-11...I feel very sorry for you.

These are absolutely incredible.

For only 25 baht (about \$0.80), you can buy a pre-packaged sandwich that they will toast up for you in a little George Foreman grill.

There are a few different options to choose from, but the best are the Ham & Cheese Croissant Toasties.

You're welcome in advance.

#42 Island Hopping Tours

On the majority of island in South-East Asia, there are different island hopping / snorkeling tour packages available.

I always recommend these because it's a great to get out on a boat, see different islands, and appreciate the natural beauty of South-East Asia.

They're normally fairly priced, and are well worth it for a day of sight-seeing.

BYOB to make them a booze cruise.

#43 Go to a Full Moon Party

So in the past few years the Full Moon Party has gotten a really bad reputation. I guarantee you'll meet people during your travels who will try and convince you not to go.

Well, I do understand what they are saying. But the truth is...The Full Moon Party is just that...A PARTY.

If you're with the right people, it can seriously be one of the wildest nights of your travels.

Don't let other people's negative views on the crazy party aspect deter you from enjoying one of South-East Asia's biggest monthly festivals.

As well, Koh Phangan is such an amazing island. There's tons of beautiful beaches and fun activities to keep you busy even if you aren't a crazy partier.

#44 Beware of “Sticky Destinations”

Sticky: a place that has a strange pull to make you stay longer than expected.

When I say “beware”, I mean it in the way that you need to understand that there WILL be places you plan on staying for only a couple days, and end up staying for a week.

This is why it's important to *travel slow*. Give yourself time and have a loose itinerary. You don't want to have to leave a place just because you booked everything weeks in advance. Enjoy each place, and get stuck in a few places.

Personal favorites: Don Det, Pai, Gili Islands, Langkawi, Koh Lanta

#45 Bring a nice camera

A lot of people don't bring their nice cameras abroad, and I personally think that's a mistake. This region of the world is a photograph's heaven, and you're going to want to take some nice pictures.

I will admit It can be annoying to carry around, but it's 100% worth it.

If you have a smart phone with a decent camera, then that might good enough depending on how much you enjoy photography.

#46 Don't bring expensive Sandals or Sunglasses

I can almost guarantee that you will have a pair of sandals stolen at least once during your travels through South-East Asia. *It Happens.*

You can buy a cheap pair out here for \$3-\$4.

Same thing goes for expensive sunglasses. Unless you really love your designer Ray-Bans, just leave them at home. It's easy to misplace things when traveling, and losing a cheap pair of knock-off Ray-Bans isn't a big deal...losing a \$150 pair is a major buzz-kill.

#47 Location, Location, Location...

When looking at where to stay in certain places, remember that location can make a big difference.

Sometimes spending the extra \$4 per night at a centrally located hostel is the better decision.

Do your research before you blindly book a hostel. Is it around the main attractions of the city? Close to nightlife? Are you going to need to use cabs often?

These are questions you should ask yourself before you reserve a bed.

#48 Patience Is Key...

Remain Calm

Getting angry or causing a scene is NOT going to get you anywhere out here. Always talk politely, and try to get your point across in a calm manner.

Patience is Key for many reasons. First off, nothing in South-East Asia is on time, and is as easy as it looks. I can't tell you how many times I've been on a bus that I thought would take 4 hours, that ended up taking 8 hours. It isn't ideal, but just understand there's nothing you can do about it – and you'll make it to your next destination soon.

#49 Passport & Debit Card

In my opinion, the two most important things you travel with are your passport (obviously) and your debit card.

If you can, try to have a *back-up Debit card* in case it does get lost or stolen. Having stuff mailed out to South-East Asia is a pain in the. You don't want to be stuck in a situation where you can't access any money.

Always have a couple photocopies of your passport in different parts of your luggage. And be very careful with whom you leave your passport. (A Lot of times you need to leave it as a deposit if you rent a moto).

Have a separate holder for your passport and important documents, and guard it with your life

#50 Learn Proper Hostel Etiquette

PLEASE don't be that annoying person or group of people in your dorm room...

- If you have an alarm, don't choose that obnoxious crazy horn sound that everyone loves so much.
- If you have a spray deodorant (Axe Body Spray), cologne, or perfume. Use it outside.
- DON'T turn on the lights if people are sleeping. Use your phone's flash light.
- Be quiet and courteous if you get back to the room late at night.
- If you have smelly shoes & socks, leave them outside. No wants a smelly dorm room.

#51 Pack Your Stuff Before You Go To Bed

If you have an early wake-up time, make sure you get all your stuff together the night before.

The last thing you're going to want to do in the morning is pack your bag.

By doing this, you can easily make sure you don't leave anything valuable behind.

Double check you have everything, and make sure it's all ready to go for the early departure.

#52 Roti Canai for Malaysian Breakfast

If you find yourself in Malaysia, make sure you try one of their famous dishes, “Roti Canai”.

It’s an Indian-influenced flat bread that is often served with curry gravy, or dhal.

It’s incredible, and you often find it for as cheap at 1-2 MYR. (\$0.25-\$0.50).

#53 Don't Ride Elephants

When people come to South-East Asia, they feel the need to get the classic “I’m on an Elephant” picture...

This is actually really bad for the elephants, and they are often treated very poorly.

Do your research and instead volunteer at an Elephant Sanctuary in Northern Thailand.

#54 Have A Deck of Cards

There have been numerous times where having a deck of cards has really come in handy.

You can kill downtime by playing a friendly game of “asshole”.

As well, when your at a lively hostel, who wouldn't want to play a game of Kings Cup...?

#55 Portable Music Player

You know what makes pretty much every situation a little better?

Music.

I absolutely love my portable speaker, and it really can liven up your day. Listening to music on a beach, drinking a beer, and watching the sunset. Now that's what I call perfection.

#56 Take Care of Your Wounds

Bug Bites. Scratches. Moto Accident Wounds.

You need to be very careful when treating your wounds out in South-East Asia.

These can take a lot longer to heal than they do back home, and *there's a good chance they will get infected if you do not take care of them correctly.*

#57 Back-up Your Pictures

Whether you use a portable hard-drive or an online photo platform, make sure you are backing up your photos online.

It would really suck if you've been traveling for a couple months, and getting some awesome travel photos, only to have them all lost because your phone broke or was stolen.

I use Flickr. You need decent Wi-Fi to upload them, but it really comes in handy.

#58 Skip Phuket & Koh Samui

People who don't know too much about Thailand, will probably have heard of the famous beach islands of Phuket & Koh Samui.

While these islands are beautiful, they are also VERY expensive compared to other islands. Your time and money would be better spent on neighboring islands.

Koh Phi Phi, Koh Lanta, Koh Tao, Koh Mook, Koh Phangan.

#59 Have a Decent Lock of Your Own

I always have a lock of my own to lock up my stuff in dorm rooms.

Sometimes lockers are provided, but it's common to have to provide your own lock.

It's small, easy to carry, and is just another item that is useful to have when you're backpacking.

#60 Don't Bring Your Passport Out

I know some people who think it's a smart decision to bring their passports with them everywhere they go...

Why?

What happens if you misplace your bag, or get it stolen. Dealing with a stolen passport is a pain-in-the-ass. Just keep it locked up back at your accommodation.

#61 Buy Sunscreen Before You Get To Islands

Everything costs more on islands!!

I once saw a pharmacy on Koh Tao that had a bottle of sunscreen for 1,200 Baht (\$40). **WTF.**

Plan ahead for your trip to the islands, and buy everything like sunscreen, aloe vera, and bug repellant before you get there.

#62 Universal Travel Adaptor

Each country has their own plugs that they use.
Thailand use the two prong U.S. plug.

Malaysia uses the U.K plug.

Indonesia uses the Europe plug.

You're life will be much easier if you have a universal one that can change into many different types.

It's not THAT big of a deal though, because you can purchase these on the road for pretty cheap.

#63 Explore Every Night Market

When it comes to shopping and food, there's no better place to do this than in Night Markets.

There are seriously night markets everywhere! It's a really fun way to try the local food (often for very cheap), and buy some random clothes or anything you need.

Some are really cool...others are quite boring, but it's still something you should do in each place that has their own night market.

#64 The Maya Bay Sleepaboard

In one of the Facebook groups I'm in, a guy commented to a person to completely avoid Koh Phi Phi...that's ridiculous.

Koh Phi Phi is one of the most beautiful places in Thailand, and Maya Bay is the film location of the famous Leo film, "The Beach".

Pretty much all of the island hopping / snorkeling tours go to Maya Bay, but it can be extremely overcrowded.

Spend the extra money, and book the Full Day / 1 Night Maya Bay Sleep Aboard. It cost 3000 baht, but it's absolutely worth it.

If you're lucky, you will actually be able to sleep on the beach! Watching the sunrise in the morning on that amazing beach is spectacular!

#65 Get Your PADI

South-East Asia is home to some of the best diving locations in the world.

It's also one of the cheapest place to get your PADI or SSI open-water certifications.

While a popular destination to do this is Koh Tao, you could do it pretty much anywhere that has a dive center.

Recommendations: Labuan Bajo, Perhentian Islands, Gili Trawangan, and Koh Phi Phi

#66 Underwater Cameras are Awesome

The more I travel through South-East Asia, the more I'm seeing the popularity of the GoPro.

I have a GoPro Hero 3+ Black Edition, and it's absolutely awesome. I get a lot of use out of it.

They can be expensive, but there are tons of other underwater cameras you can buy.

You could also look into purchasing an underwater casing for the camera you already own.

#67 Carry some U.S.D for Visa Fees

When you arrive at the borders of Cambodia and Laos, you will have to pay for the Visa in U.S.D.

In Cambodia, it's not a big deal because you'll be using USD there anyway, but when going to Laos, they charge you MORE if you don't have USD and have to pay in a different currency.

Don't make the same mistake I did, have some USD with you.

#68 Hike a Volcano or Mountain

South-East Asia is home to some amazing hikes and jungle treks.

While it might be tempting to spend the majority of your time in tropical islands, or bustling cities...make sure you venture out into the wilderness for some nature time.

Recommendations: Mt. Rinjani (Lombok), Mt. Batur (Bali), Mt. Kinabalu (Borneo), Mt. Bromo (Java)

#69 Cigarettes at Duty Free or in Cheaper Countries

This one is for all the smokers out there.

In the majority of countries in South-East Asia, cigarettes are extremely cheap. Cambodia, Laos, Myanmar, and Indonesia – you can get packs for around \$1-2.

If you're in one of the those countries and heading to Singapore or Malaysia, make sure you buy some extra packs to hold you over because they are much more expensive there.

#70 Don't skip The Philippines

It took me so long to finally venture out to the Philippines on my backpacking trip through South-East Asia.

The Philippines is by far one of the best countries out here. It's a large country, with so much to explore.

Palawan is heavenly.

#71 Work Somewhere

There are several places where you'll see signs that say "Western Staff Wanted". This option is really only viable for the "one-way ticket" people, who don't really have a flight back home.

If you particularly like that place, than inquire about working for them. Join the community of people who live there!

It's not too hard to exchange work for accommodation, food, and free drinks.

You could ask hostels, bars, pub crawls, booze cruises, and restaurants.

#72 Go To a Music Festival

South-East Asia might not be the most popular region of the world for music festivals...but that is slowly changing.

Read my blog post:

[12 Music Festivals In South-East Asia To Experience Before You Die](#)

#73 Rooftop Bars & Views

Whenever your in a new city, check out if there's any awesome bars on a roof.

It's a great way to see the city from above, and a fun way to start a night out.

Recommendations: *Kuala Lumpur, Bangkok, Ho Chi Minh, Singapore, Phnom Penh*

#74 Let's Talk Drugs...

Have you ever heard of the show “Locked Up Abroad...? Don’t let that be you.

Despite the extremely harsh penalties, drugs are very common in South-East Asia.

While *marijuana* is the most easily accessible, you need to be very careful where you get it, smoke it, and bring with you.

It’s not unheard of to have dealers sell you out to the cops in order to swing a ridiculous high bribe in order to keep you out of Jail.

On some islands, you can try the “magic” mushroom shakes. These definitely are not legal, but often times no one really cares.

The most common thing is just to have some common street smarts. Unless you are 100% sure that you are in a safe environment, and you trust who you get it from, stay away from drugs.

#75 Fruit Juices & Smoothies

Fuck Jamba Juice...

In South-East Asia you can get incredible and fresh fruit smoothies blended for dirt cheap.

Not only are these healthy and hydrating, but they are so damn delicious.

Drink these often!

#76 Songkran in Chiang Mai

If you're planning a trip to South-East Asia around April, than make sure you plan to be in Chiang Mai for Songkran.

It's one of the funnest experiences I've had in my entire life!

Seriously. Don't miss it.

#77 LIVE IT UP

To conclude my list of amazing, helpful, and money-saving tips...it's an easy one.

Don't take this experience for granted. Get out there everyday and try something new.

Meet new people, learn new languages, try new food, and have the time of your life!

Backpacking South-East Asia is truly a life-changing experience. ***Make every minute count!***

CONCLUSION

Thanks for reading! I hope you learned something from this e-book, and are stoked to plan your adventures out in south-east Asia.

If you ever have any questions, EMAIL ME. I love getting emails from my readers, and would love to help out In anyway I can.

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Safe travels. Hope to meet you around the world someday!

Jones